

## Programs

General Studies

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## Amy Reuter

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### Education

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- Dietetic Internship (Brigham & Women's Hospital, Boston)
- MS Food and Nutrition (Purdue University)
- BA Chemistry (Gustavus Adolphus College)

### Professional Experience

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Amy has been teaching nutrition and wellness courses at City University since 2013. She strives to help students to think “outside of the textbook” and apply basic principles to their personal and professional lives. Amy especially enjoys the dialogue she has with City University students regarding their experiences with food, nutrition, and health both locally and globally.

In addition to teaching at City University, Amy serves as the Campus Dietitian and Nutrition Instructor at Northwest University. She also has her own nutrition communication and education company, Seattle FoodNut. Her major projects include hands-on cooking classes for teens and adults as well as corporate wellness promotion. Amy also serves as a nutrition consultant for KOMO Radio's Consumer Tip of the Day.