



## University Update Coronavirus Disease 2019 (COVID-19) March 2, 2020

City University of Seattle continues to actively monitor the evolving COVID-19 (novel coronavirus) outbreak. The University has thorough emergency procedures, and will do everything it can to ensure the health and safety of our community. **Currently, no members of the CityU community have been diagnosed with COVID-19.**

In response to the evolving situation the University has implemented the following measures in Washington and Canada:

- Increased cleaning and disinfection of surfaces daily at all locations for high traffic areas including bathrooms, common spaces, door handles, emergency bar on doors, etc.
- Additional hand sanitizer supplies available throughout our facilities.
- Restricted all non-essential community gatherings at CityU facilities.
- Restricted all international travel outside North America by Faculty and Staff.
- Limited all non-essential travel within North America by Faculty and Staff.

Public health agencies are not recommending at this time that the general public avoid gatherings, therefore classes will continue on their normal scheduled format. Should the situation change students will be notified and alternative class delivery options will be initiated.

For programs and operations in other countries, the University is working closely with our international partners to support efforts at the local level.

### What you can do

We are asking everyone to take steps we always recommended to protect yourself and others, and to prevent the spread of respiratory viruses, especially during cold and flu season:

- Stay home when you are sick to prevent others from being exposed to your illness.
- Cover your mouth and nose with your elbow or a tissue when you cough or sneeze, and immediately dispose of the tissue.
- Wash your hands often, and if water is not readily available use a 60-95% alcohol-based hand sanitizer
- Avoid touching your eyes, nose or mouth.
- Clean and disinfect surfaces that are frequently touched.

It is important to emphasize that thus far the vast majority of people who have become ill with COVID-19 have experienced relatively mild symptoms, such as fever and cough. However, people who are at higher risk of illness may want to talk with their health provider about ways to lower their risk of infection. This includes people age 60 and older, those with underlying health conditions such as heart disease and lung disease and those who are immune compromised (see [People at High Risk for Flu Complications](#)). If you are a student in a high risk group who needs medical accommodation, please reach out to the Disability Support Services Office at [disability@cityu.edu](mailto:disability@cityu.edu) or by calling 206.239.4751.

We will continue to monitor the situation and provide updates as appropriate. For the latest information and resources on the COVID -19 outbreak:

- Washington State Department of Health <https://www.doh.wa.gov/Emergencies/Coronavirus>
- U.S. Centers for Disease Control and Prevention (CDC) <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- British Columbia Centre for Disease Control <http://www.bccdc.ca/about/news-stories/stories/2020/information-on-novel-coronavirus>
- Alberta Health <https://www.alberta.ca/coronavirus-info-for-albertans.aspx>.